

Mariposa County
December 2012



County 4-H Judging Day and More on January 12

The Triangle 4-H Club is the chair for the county 4-H Judging Day. This event will be held at McCay Hall on Saturday, January 12 with registration at 8:30a and event starting at 9a.

Judging Day is an event on decision making. Four items of the same type are placed on tables for the members to rate them from 1 through 4 and then give their reasons why they placed them to judges. Members can earn medals for their hat.

New this year will be a Table Setting and Decorated Apron competition after the Judging Day activity. Members that would like to enter one or both of these events must enter, bring a card table for the Table Setting, and decorate their own apron to bring to event. More information will be at the December club meetings plus the entry forms.

Mark your calendars!

Archery Certification Training

A **4-H Archery Certification Training for volunteers and junior/teen leaders** will be offered Saturday, January 19th, 9 AM – 5 PM, and Sunday, January 20th, 8 AM- 12 noon, at the Livermore-Pleasanton Rod & Gun Club, 4000 Dagnino Road, Livermore, CA 94551 in Alameda County. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$50 per person to include a resource binder, range fees, and Saturday lunch. Overnight RV parking, water & power only, is available for an additional fee.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form and a \$50 check payable to “De Arroyo 4-H Club” to Jennifer Siders, 4967 Erica Way, Livermore, CA 94550. Registration is due Monday, January 7th and space is limited. For more information call Jenny at 925-321-6009 or email her at jsiders@gmail.com.

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**HAVE A SAFE AND
PLEASANT HOLIDAY !**

UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION



4-H Spirit

PDR Corner

Watch each month where to put your different activities that you have attended.

Community Service, if done as part of your club or project.

Brought food for food basket– Section 5

Christmas Caroling Section 5

Parade: Section 6

Decorated or made a project or club float-

Participated in project or club parade entry

Achievement Night–

attended Section 3

Committee- Section 4

County Winner- Section 7

100% attendance Section 7

Star Ranks Section 7

Decorated or clean-up Section 4

Club table display winner Section 7

Presentation of Flags Section 6

Sang National Anthem Section 6

Achievement Award winner Section 7

MC Section 6

Citizenship/Community Service-(ex.: food baskets, Manna House-counts once for same activity)

Attended a Board of Supervisor's meeting
Section 5

Chaired a Service activity Section 4

THERE IS A PROBLEM, WHAT SHOULD I DO??

Every 4-H club has a Community Club Leader, every project has a Project Leader, and every 4-H event has designated chairperson. If a problem occurs at club level, the first person you should contact is the club leader. Likewise, contact the project leader if something comes up at the project level. What about at events? If something comes up at a 4-H event, first talk to the 4-H volunteer leader who is chairing/organizing the event. In each of these cases, the volunteer may choose to handle the problem on their own, or contact the 4-H Coordinator, to help resolve the issue.

What if something comes up at the fair? If your project leader is there, first talk to him/her. If it is a 4-H issue, you want to discuss it with the 4-H Staff. If it is a livestock issue, you can go to the Livestock Superintendent. If it is a Jr. Livestock Auction issue, contact the Auction committee's President. The sooner a problem is discussed with the people in charge, the sooner it can be resolved.

These people are all working together with 4-H leaders, and other volunteers to make 4-H events/activities a positive experience. They also appreciate positive comments and suggestions for change.

Tobacco Litter

THE MOST LITTERED ITEM IN THE WORLD

Children can swallow, choke, or burn themselves on cigarette butts.

Littered butts cause numerous fires every year.

**To clean up tobacco litter at each local park, it costs between
\$2,500-\$3,000 a year.**

**Recently 351 cigarette butts were picked up within 25 feet of a local
playground.**

REMEMBER, NO LEVEL OF SECONDHAND SMOKE EXPOSURE IS SAFE!

*Mariposa County Health Department
Funded by Prop. 99
California Department of Public Health, 2011
Contract #10-22*

To Be a Successful Leader:

- Be organized and set ground rules.
- Greet & engage the members especially NEW members.
- Have eye contact with the members.
- Don't baby-sit.
- Remember that you just can't please all the people, all the time.
- Change things up by adding different activities and field trips.
- Members must have sweat equity in fundraising.
- Know that all kids do not get along, no matter how hard you try.
- Understand that some parents don't realize the time it takes to be a leader.
- Grin a lot. Also taking deep breaths and counting to 10 does help.

To Be a Successful Member:

- Keep your paperwork for each project in one folder.
- Have a 4-H Calendar, post it where the family can see it and mark down all your activities.
- After each meeting write down the time, day and place of the meeting and what you did or learned.
- Be responsible for your own project, attend the required meetings for club and project, make your commitments.
- Call your leader or CCL if you have any questions regarding the project.
- Welcome new members, always be kind and respectful.
- Thank your CCL and project leaders after each meeting, and occasionally with a hand written note.

To Be a Successful Parent of a Member:

- When possible, attend meetings with your child.
- After each meeting ask your child what they did at the meeting.
- Keep your commitments and help your child keep theirs.
- Pick up your child on time.
- Volunteer to do something with the project or with the club.
- Contact the leader or CCL with any issues or questions.

REMEMBER, 4-H IS A FAMILY AFFAIR!!!!

HAPPY HOLIDAYS TO ALL 4-H MEMBERS, LEADERS AND FRIENDS.



I AM 4-H

Author Unknown

Symbolic of the quiet valleys and gentle meadows in which I was born,
I am a four leaf clover, in a verdant green, on a pure white field.
I drew my first breath in the resolve of responsible men
And women to help American youth
Nurtured on the land.
I now embrace the busy town.
My goal is to learn
And my testament— to learn by doing
I am 4-H.

Over two million boys and girls are under my wings
Twenty million others walked my ways in bygone years
My voice is heard in the halls of Congress
And the President of the United States know my name.
I am a Citizen in the making.
I am 4-H.

I'm old yet I'm forever young.
I'm local. I'm state—yet my philosophy has gone around the world.
I am the International Farm Youth Exchange, a worker in the Peace Corps,
An explorer of careers and a student of public affairs.
I am hand in hand with United States Department of Agriculture,
The Land-Grant University, my county government, my unselfish local
Volunteer leader and the great industries of our nation.
I am 4-H.

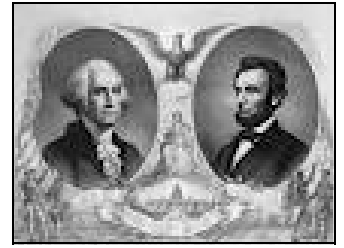
I'm an Eskimo on the tundra by the Bering Sea,
A boy on a tractor on the Great Plains,
A girl with a lamb, a boy with a calf,
A youngster with a seeing eye puppy,
A knock at your door to get out the vote,
A future scientist,
Or a little girl's first cake.

In quest of the pattern of life
I bow my head in church
And with confidence look to the days that lie ahead of me,
To this end, I have pledged my Head, Heart, Hand, and Health.
To greater loyalty, larger service, clearer thinking and better living.
I am 4-H.

And with God's help I will be a finer woman, or better man.



2013 Study Travel Adventures for Teens and Adults



Washington Focus

Heritage Trail: June 23 to June 29, 2013
The 7 day program to Washington, D.C.

Global Journey: June 23 to July 2, 2013
The 10 day program to Washington, D.C., Gettysburg, Philadelphia and New York City

California Focus
June 14 - 18, 2013
Sacramento, California

Enrollment is open to all adult 4-H leaders and to youth members that have completed the 8th grade.

For additional information go on-line at <http://www.ca4h.org/Projects/Citizenship/Focus/>



**January 12– 4-H Judging Day & Table Setting and Embellished Apron competition-
McCay Hall**

February 10– 4-H Council's Valentine Pancake Breakfast fundraiser– location TBA

February 23– 4-H Winter Fun Day

March 16- Presentation/Favorite Foods Day– Grace Church

March 22– Kid's Night– for K-6th grade members– Grace Church

March 23– Safe At Home

ATTENTION 4-H MEMBERS-

**CATHEYS VALLEY 4-H CLUB'S DECEMBER 12th MEETING WILL BE HELD AT
MCCAY HALL BEGINNING AT 5:30P.**

4-H COUNCIL, CLUB & PROJECT NEWS

CATHEYS VALLEY 4-H MEETINGS FOR WINTER MONTHS

The Catheys Valley 4-H club meetings will begin at 6p beginning in January through April. In May they will begin at 7p once again.

Hi 4-H

Would you like to go on college trips, hear career speakers, do community service, and go on a fun end-of-year trip? Then join Hi 4-H. This project is for 4-H members 7th-12th grades. The next meeting will be December 3 at 5p at the office. Come join us!

NEW MEMBER/PARENT ORIENTATION SLATED FOR JANUARY 16, 2013

If you are a new member in 4-H, you and your parent/guardian are welcomed to the new member orientation Wednesday, January 16 at 5:30p at the 4-H Office. Explanation of 4-H project forms, PDRs, events, uniform, other opportunities, and conferences will be discussed. **If you plan on attending, please call the office at 966-4829 by January 11 by 5p.** This will take one to two hours. **If weather is bad, meeting will be cancelled.**

County-wide Sewing Project

This 4-H project is opened to primary and regular members but limited to six. Sewing machines are available for the project meetings which will be held at the 4-H office. Leader is Kathy Lyons.

County-wide Arts/Crafts Project

This project is opened to primary and regular members but limited to 10. Kathy Lyons will be the leader for this project. If you would like to join either of the projects above call the office to add by December 15.

4-H PDR Goals for Star Ranks-

The new year is on a roll and all members should be setting their goals for the year such as writing articles, going to camp, doing community service projects, going to various events, and so on. To earn a star rank all of these are necessary. Remember to start writing your 4-H story, take photos, and keep a calendar of all 4-H activities attended.



Record Keeping

Record keeping is important if you want credit for your 4-H activities. Record books are easier to complete if you keep track of all your activities during the year in a notebook or on a calendar.

Projects: Be sure to list meetings attended, what you did and learned at the meetings, livestock/poultry management records, and what you did on your own between meetings. You can write in a notebook, on a calendar or on a project form. You can photocopy the form for a scratch copy. Remember to list project expenses and income. Keep receipts in date order in an envelope so it will be easier to transfer to your report form.

PDR-Watch each month for the PDR corner in the Spirit for where to put the various activities on the form if you plan to go for county record book awards. The PDR must be turned in along with projects forms at your September club meeting or a specified date.

Community Club Leaders will be handing out at your next club meeting “Mariposa County 4-H Record Book Information”. Please read both sides.

WHAT MAKES A GOOD LEADER??

- ◆ Be Well Prepared– Know leadership takes works as well as practice.
- ◆ Be Group Minded– Regard yourself as a part of the group. Say “we” instead of “I”. Don’t try to run the crowd. Instead, be guided by the crowd’s wishes.
- ◆ Like People– Be understanding and friendly.
- ◆ Be Poised– Don’t let irritations bother you.
- ◆ Have Humility– Be confident, but not cocky. Don’t be afraid to reveal you don’t know everything.
- ◆ Be Responsible– Live up to your word and duties.
- ◆ Be Cooperative– Know how to work with others and enjoy working with them.
- ◆ Be a Fun-lover– Enjoy life– the simple things as well as the big.
- ◆ Have Vision– Help the persons in your 4-H group to learn and grow through the 4-H activities.
- ◆ Be Clear– Be able to express yourself effectively.
- ◆ Be Proud– Proud of what you do. Take pride in being a 4-H leader, but earn it.
- ◆ Be Neat– Always be neat in dress and personal appearance.
- ◆ Be Courteous– The words “please” and “thank you” pay dividends. Use them often.
- ◆ Think Ahead– Know 4-H member’s opinions and be ready to meet changing situations.
- ◆ Set Goals– Make them high, but be sure to reach them.
- ◆ Take Advice– But do your own thinking.
- ◆ Get the Facts– Analyze them before you draw conclusions.
- ◆ Do Your Best– At all times. Plan to make the most effective use of your time.

REMEMBER THE 4-H MOTTO
“TO MAKE THE BEST BETTER”



County 4-H Policies

Horse/Pony Uniform Requirements for Fair and 4-H horse shows-

- ◆ **Showmanship/Halter or any classes wherein the animal is shown in hand (not mounted):** The 4-H uniform as it is currently recognized by Mariposa County is required.
- ◆ **Mounted Classes:** The 4-H uniform as it is currently recognized by Mariposa County is optional. Member may wear their uniform or may wear the appropriate attire for the specific riding discipline. Helmets are mandatory.

Other Events and Activities– addition

- ◆ Members may participate in other events or shows (i.e. “jackpot” shows) with 4-H project material/ animals, but may not represent 4-H at such events.

Transferring to Independent or FFA membership-

- ◆ A member transferring from 4-H to Independent or FFA membership must notify the 4-H office that they are dropping the applicable 4-H project at least 60 days prior to fair in order to be eligible to exhibit a project made in 4-H. (Fair rule). **Students desiring to transfer to FFA must have received promotion from eighth to ninth grade and notify BOTH the FFA Advisor and the 4-H Staff by completing form “Livestock Transfer” and give to the 4-H office.**

2012-13 Projects-Members Can Add or Change Projects until Dec. 15, 2012

COUNTY-WIDE PROJECTS

For Regular Members- age 9 (by Dec. 31) & up-

Guide Dogs/Service Animals

Horses & Ponies

Rabbit/Cavies

Sheep

Goats-meat, dairy or pygmy (**put the correct goat project on your enrollment form**)

Poultry

Archery Small Engines

Entomology

Junior Master Gardeners (grades 2 & up)

Self-Defense

Hi 4-H- (7th grade & up)

Rocketry

Shooting Sports-Rifle

Hiking (ages 11 & up) limit 10

Quilting NEW

Forestry NEW

BBQ NEW

Sewing-limit 6 NEW

Arts/Crafts-limit 10 NEW

4-H Thrive Leadership project- all junior/teen leaders will be placed in this project

For Primary members- ages 5-8 (must be 5 by Dec. 31)

Clover buds (Beginning 4-H)

Rabbits/Cavies

Rocketry

Junior Master Gardeners (grades 2 & up)

Entomology

Poultry

Quilting NEW

Forestry NEW

Sewing-limit 6 NEW

Arts/Crafts-limit 10 NEW

Goats- pygmy

BOOTJACK 49ERS CLUB-

Scrapbooking

CATHEYS VALLEY 4-H CLUB-

Beef

Citizenship

Food & Nutrition Small Engines- NEW

Goats

Rabbits/Cavies

Horses

DON PEDRO RATTLERS CLUB-

Regular members

Rabbits/Cavies

Food & Nutrition

Sewing

Swine

Archery

Woodworking

Poultry

Welding

Shooting Sports

Photography

Sheep

Quilting

Goats-meat, dairy or pygmy (**put the correct goat project on your enrollment form**)

Gardening NEW

Scrapbooking NEW



TRIANGLE 4-H CLUB-

Swine (Triangle)

Primary members

Rabbit/Cavies

Food & Nutrition

Poultry

Sewing

Photography

Goats-pygmy

December 2012 Dates

- 10 Don Pedro Rattlers-6:30p or check with leader
- 12 Catheys Valley 4-H meeting- 5:30p
- 13 Bootjack 4-H meeting- 6:30p
- Triangle 4-H meeting-6:30p
- 24/25 UCCE Office closed

NO COUNCIL MEETING IN DECEMBER

January 2013

- 1 UCCE Office closed
- 12 Judging Day -McCay Hall
- 13 Catheys Valley 4-H Rigatoni Fundraiser
- 16 New Member Orientation-office
- 21 Office closed
- 22 4-H Council meeting- 6p
- LCORT meeting with delegates- 5p
- 25-27 LCORT

The 4-H Spirit is published monthly for the Mariposa County 4-H Youth Development Program. University of California Cooperative Extension, U.S. Department of Agriculture and Mariposa County cooperating.

Articles or photographs for the 4-H Spirit are due into the UCCE Office by the **15th** of each month.

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4-H Coordinator

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<http://cemariposa.ucdavis.edu>

<http://www.ca4h.org>



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