

# 4-H Spirit



University of California

Agriculture and Natural Resources ■ 4-H Youth Development Program

Mariposa County 4-H Youth Development Newsletter

December 2013

## LCORT Meeting Slated for January 22

**All delegates attending LCORT along with parents will need to attend this meeting at 6p at the office to go over transportation, dress code, etc. See you there!**

### Christmas Caroling

Hi 4-H invites all clubs to come Christmas Caroling on December 18 at 5:30p at Idle Wheels near the DMV office. Please let Beth Broomfield or Donna Wice know by Dec. 13 who will be attending from your club so we can share which songs we will be singing. If members have a Santa hat or other holiday items to wear please do so.

### 4-H JUDGING DAY & MORE- SATURDAY, JANUARY 11

4-H Judging Day will take place on Saturday, January 11, 2014 at McCay Hall starting at 10:30a.m. Registration will start at 10:00a.m. This event is open to all 4-Hers, leaders, and parents!

The objective of judging in the 4-H program is to help members grow in their ability to think, to reason, and to make logical and scientific judgments. 4-H members, leaders, and parents can participate in Judging Day.

There will be a Table Setting, Embellished Apron and Rocketry competitions. Entries will soon be on-line at <http://cemariposa.ucdavis.edu> & due into office by January 7. Aprons can be purchased at Hobby Lobby, Michaels, Oriental Trading or use one of your mom's aprons. Be creative!

For the rockets, build your rocket at home and see if you can launch it. Awards will take place after the events.

**Come join the fun!!!!**



***HAVE A SAFE AND PLEASANT HOLIDAY !***

#### Inside this issue:

PDR Corner	2
State 4-H News	4
California & Washington Focus	6
Council, Club & Project News	7
State 4-H Camping Conference	9

## WHAT MAKES A GOOD LEADER??

- ◆ **Be Well Prepared**– Know leadership takes works as well as practice.
- ◆ **Be Group Minded**– Regard yourself as a part of the group. Say “we” instead of “I”. Don’t try to run the crowd. Instead, be guided by the crowd’s wishes.
- ◆ **Like People**– Be understanding and friendly.
- ◆ **Be Poised**– Don’t let irritations bother you.
- ◆ **Have Humility**– Be confident, but not cocky. Don’t be afraid to reveal you don’t know everything.
- ◆ **Be Responsible**– Live up to your word and duties.
- ◆ **Be Cooperative**– Know how to work with others and enjoy working with them.
- ◆ **Be a Fun-lover**– Enjoy life– the simple things as well as the big.
- ◆ **Have Vision**– Help the persons in your 4-H group to learn and grow through the 4-H activities.
- ◆ **Be Clear**– Be able to express yourself effectively.
- ◆ **Be Proud**– Proud of what you do. Take pride in being a 4-H leader, but earn it.
- ◆ **Be Neat**– Always be neat in dress and personal appearance.
- ◆ **Be Courteous**– The words “please” and “thank you” pay dividends. Use them often.
- ◆ **Think Ahead**– Know 4-H member’s opinions and be ready to meet changing situations.
- ◆ **Set Goals**– Make them high, but be sure to reach them.
- ◆ **Take Advice**– But do your own thinking.
- ◆ **Get the Facts**– Analyze them before you draw conclusions.
- ◆ **Do Your Best**– At all times. Plan to make the most effective use of your time.



**REMEMBER THE 4-H MOTTO  
“TO MAKE THE BEST BETTER”**

### PDR Corner

Watch each month where to put your different activities that you have attended.

**Community Service**, if done as part of your club or project.

Brought food for food basket–	Section 5
Christmas Caroling	Section 5

<b>Parade:</b>	Section 6
Decorated or made a project or club float-	
Participated in project or club parade entry	

<b>Achievement Night</b> –	
attended	Section 3
Committee-	Section 4
County Winner-	Section 7
100% attendance	Section 7
Star Ranks	Section 7
Decorated or clean-up	Section 4
Club table display winner	Section 7
Presentation of Flags	Section 6
Sang National Anthem	Section 6
Achievement Award winner	Section 7
MC	Section 6

**Citizenship/Community Service**-(ex.: food baskets, Manna House-counts once for same activity)

Attended a Board of Supervisor’s meeting	Section 5
Chaired a Service activity	Section 4



**January 11– 4-H Judging Day & Table Setting and Embellished Apron competition- McCay Hall**

**January 11 after Judging Day– junior/teen leader training from 2-4p– McCay Hall**

**February 2– 4-H Council’s Valentine Pancake Breakfast fundraiser– fairgrounds**

**February 1– 4-H Winter Fun Day (may be changed due to the pancake breakfast)**

**March 15- Presentation/Favorite Foods Day– Grace Church**

### **To Be a Successful Leader:**

- Be organized and set ground rules.
- Greet & engage the members especially NEW members.
- Have eye contact with the members.
- Don't baby-sit.
- Remember that you just can't please all the people, all the time.
- Change things up by adding different activities and field trips.
- Members must have sweat equity in fundraising.
- Know that all kids do not get along, no matter how hard you try.
- Understand that some parents don't realize the time it takes to be a leader.
- Grin a lot. Also taking deep breaths and counting to 10 does help.



### **To Be a Successful Member:**

- Keep your paperwork for each project in one folder.
- Have a 4-H Calendar, post it where the family can see it and mark down all your activities.
- After each meeting write down the time, day and place of the meeting and what you did or learned.
- Be responsible for your own project, attend the required meetings for club and project, make your commitments.
- Call your leader or CCL if you have any questions regarding the project.
- Welcome new members, always be kind and respectful.
- Thank your CCL and project leaders after each meeting, and occasionally with a hand written note.

### **To Be a Successful Parent of a Member:**

- When possible, attend meetings with your child.
- After each meeting ask your child what they did at the meeting.
- Keep your commitments and help your child keep theirs.
- Pick up your child on time.
- Volunteer to do something with the project or with the club.
- Contact the leader or CCL with any issues or questions.

**REMEMBER, 4-H IS A FAMILY AFFAIR!!!!**

---

**HAPPY HOLIDAYS TO ALL 4-H MEMBERS, LEADERS AND FRIENDS.**



## State 4-H News

### **Western Region Leaders' Forum March 27-30 at the Crowne Plaza** located in downtown Billings, MT.

Join Montana 4-H as they welcome the Western Region Leaders' Forum to Billings in March 2014. Agents, staff and volunteers are hard at work planning a conference that will help you to "Discover the Past. Present. Possibilities of 4-H". Participants will enjoy a first class conference facility and hotel accommodations, national speakers, local entertainment and over 60 informational workshops. WRLF is an exciting time to network with peers from across the region sharing ideas and building relationships to carry 4-H into the future. **Registration starts November 1!** More info: <http://4h.ucanr.edu/files/175016.pdf>

**2014 State Field Day, May 31, 2014** Want to help plan and implement the 2014 State Field Day? Sign up here to join the 2014 State Field Day planning committee. More info: <http://ucanr.edu/sfdpt2014>

### **State Fashion Revue Cover Contest**

The State Fashion Revue committee is seeking entries to design the program cover for the event. Your design should reflect the theme: California Grown, California Sewn. Contest rules are:

- One design per member. Any 4-H youth member may participate, regardless of projects.
- The design can be digital or hand drawn.
- It should be no larger than 4.5" wide x 7.5" tall, to fit on a folded letter size page.
- You may use any medium (colored pencil, marker, paint, digital) you wish.
- Be sure to include the words "2014 State Fashion Revue" and the date "May 31, 2014".
- Use the 4-H clover appropriately in your design.
- Please keep your original artwork and go to this link to submit your entry.

**Entries are due by January 15, 2014.** <http://ucanr.edu/sfrcovercontest> For more information email [mvemails@yahoo.com](mailto:mvemails@yahoo.com). We look forward to receiving your designs! Have fun and good luck!

**Mark your calendars!!**



## *I AM 4-H*

Author Unknown

Symbolic of the quiet valleys and gentle meadows in which I was born,  
I am a four leaf clover, in a verdant green, on a pure white field.  
I drew my first breath in the resolve of responsible men  
And women to help American youth  
Nurtured on the land.  
I now embrace the busy town.  
My goal is to learn  
And my testament— to learn by doing  
I am 4-H.

Over two million boys and girls are under my wings  
Twenty million others walked my ways in bygone years  
My voice is heard in the halls of Congress  
And the President of the United States know my name.  
I am a Citizen in the making.  
I am 4-H.

I'm old yet I'm forever young.  
I'm local. I'm state—yet my philosophy has gone around the world.  
I am the International Farm Youth Exchange, a worker in the Peace Corps,  
An explorer of careers and a student of public affairs.  
I am hand in hand with United States Department of Agriculture,  
The Land-Grant University, my county government, my unselfish local  
Volunteer leader and the great industries of our nation.  
I am 4-H.

I'm an Eskimo on the tundra by the Bering Sea,  
A boy on a tractor on the Great Plains,  
A girl with a lamb, a boy with a calf,  
A youngster with a seeing eye puppy,  
A knock at your door to get out the vote,  
A future scientist,  
Or a little girl's first cake.

In quest of the pattern of life  
I bow my head in church  
And with confidence look to the days that lie ahead of me,  
To this end, I have pledged my Head, Heart, Hand, and Health.  
To greater loyalty, larger service, clearer thinking and better living.  
I am 4-H.

And with God's help I will be a finer woman, or better man.

## CITIZENSHIP/LEADERSHIP



### **Save the date! California Focus is June 13-17, 2014**

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California.

### **Citizenship Washington Focus**

**June 22-28, 2014** Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 that takes place at the National 4-H Youth Conference Center, just 1 mile from the Washington, DC border. Every summer, thousands of young people participate in the program, which provides opportunities for them to:

- Strengthen their communication, leadership, and citizenship skills on a national level
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders
- Exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds
- Experience hands-on learning using the historical backdrop of Washington, DC.

For more information <http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/about/>

#### **Additional optional travel dates:**

**June 29-July 3, 2014 –Destinations to include Historical Gettysburg, PA, Philadelphia, PA and more! *Registration will be open December 1, 2013.***



**New for 2014- Leadership Washington Focus** Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H'ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H'ers. For more information visit <http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/>. If your county has members interested in participating contact Jenna Colburn at [jcolburn@ucanr.edu](mailto:jcolburn@ucanr.edu).

**State Leadership Conference August 14-17, 2014** U.C. Santa Cruz *“Raiders of the Lost Leadership”*

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. **Check our website, Facebook, Twitter & Instagram for updates and exciting announcements!**

## 4-H COUNCIL, CLUB & PROJECT NEWS

### **NEW MEMBER/PARENT ORIENTATION SLATED FOR JANUARY 29, 2014**

If you are a new member in 4-H, you and your parent/guardian are welcomed to the new member orientation Wednesday, January 29 at 6p at the 4-H Office. Explanation of 4-H project forms, PDRs, events, uniform, other opportunities, and conferences will be discussed. **If you plan on attending, please call the office at 966-4829 by January 24 by 5p.** This will take one to two hours. **If weather is bad, meeting will be cancelled.**

### **4-H PDR Goals for Star Ranks-**

The new year is on a roll and all members should be setting their goals for the year such as writing articles, going to camp, doing community service projects, going to various events, and so on. To earn a star rank all of these are necessary. Remember to start writing your 4-H story, take photos, and keep a calendar of all 4-H activities attended.

### **Record Keeping**

Record keeping is important if you want credit for your 4-H activities. Record books are easier to complete if you keep track of all your activities during the year in a notebook or on a calendar.

**Projects:** Be sure to list meetings attended, what you did and learned at the meetings, livestock management records, and what you did on your own between meetings. You can write in a notebook, on a calendar or on a project form. You can photocopy the form for a scratch copy. Remember to list project expenses and income. Keep receipts in date order in an envelope so it will be easier to transfer to your report form.

**PDR-**Watch each month for the PDR corner in the Spirit for where to put the various activities on the form if you plan to go for county record book awards. The PDR must be turned in along with projects forms at your September club meeting or a specified date.

**Community Club Leaders will be handing out at your next club meeting “Mariposa County 4-H Record Book Information”. Please read both sides.**



### **Needed for Camp Tweety**

Male and Female Chaperones, Teen Camp Counselors, cook, and other helpers. Camp is scheduled for June 14-16, 2014 at the Lions Camp Pacifica. If you are a certified lifeguard, we also need two. One must be 18 years old or older and the other can be younger.

We need at least two or more male and 4 female Teen Camp Counselors and need to apply and return form by Feb. 14 with interviews on Feb. 24 beginning at 4:30p at the office. Registration fee for teen counselors will be \$50. Please let the Camp Director, Beth Broomfield, or 4-H Staff know if you are interested as soon as possible.

## **HORNITOS NOVEMBER 4-H MEETING**

**By Lane Holt, member**

The first thing that happened at the November 4-H meeting was we took a hike to the Hornitos cemetery and put flags on all the Veterans plots that had served in a war. Then when that was done we came back to Stag Hall and had the installment of officers. Mrs. Quinn did a great job. Then all officers took their position and we did the call to order. The next thing that happened was the flag salute. Next there was the treasurer's report. After that there was the ccl reports. For old business we discussed Achievement Night and all Souls Day. The new business was Veterans Day, and our December Meeting/Christmas party. After the meeting was adjourned (over) we had a healthy dinner with chili and corn bread that was prepared by the cooking group.

## THERE IS A PROBLEM, WHAT SHOULD I DO??

Every 4-H club has a Community Club Leader, every project has a Project Leader, and every 4-H event has designated chairperson. If a problem occurs at club level, the first person you should contact is the club leader. Likewise, contact the project leader if something comes up at the project level. What about at events? If something comes up at a 4-H event, first talk to the 4-H volunteer leader who is chairing/organizing the event. In each of these cases, the volunteer may choose to handle the problem on their own, or contact the 4-H Coordinator, to help resolve the issue.

What if something comes up at the fair? If your project leader is there, first talk to him/her. If it is a 4-H issue, you want to discuss it with the 4-H Staff. If it is a livestock issue, you can go to the Livestock Superintendent. If it is a Jr. Livestock Auction issue, contact the Auction committee's President. The sooner a problem is discussed with the people in charge, the sooner it can be resolved.

These people are all working together with 4-H leaders, and other volunteers to make 4-H events/activities a positive experience. They also appreciate positive comments and suggestions for change.

## County 4-H Policies

### Horse/Pony Uniform Requirements for Fair and 4-H horse shows-

- ◆ **Showmanship/Halter or any classes wherein the animal is shown in hand (not mounted):** The 4-H uniform as it is currently recognized by Mariposa County is required.
- ◆ **Mounted Classes:** The 4-H uniform as it is currently recognized by Mariposa County is optional. Member may wear their uniform or may wear the appropriate attire for the specific riding discipline. Helmets are mandatory.

### Other Events and Activities– addition

- ◆ Members may participate in other events or shows (i.e. “jackpot” shows) with 4-H project material/animals, but may not represent 4-H at such events.

### Transferring to Independent or FFA membership-

- ◆ A member transferring from 4-H to Independent or FFA membership must notify the 4-H office that they are dropping the applicable 4-H project at least 60 days prior to fair in order to be eligible to exhibit a project made in 4-H. (Fair rule). **Students desiring to transfer to FFA must have received promotion from eighth to ninth grade and notify BOTH the FFA Advisor and the 4-H Staff by completing form “Livestock Transfer” and give to the 4-H office.**

### 4-H Archery Leader Certification

February 1, 2014 – 9am-5pm

February 2, 2014 – 9am-12pm

33 Browns Valley Road Corralitos, CA

Registration due Friday, January 17th

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered Saturday, February 1st, 9 AM – 5 PM, and Sunday, February 2nd, 9 AM- 12 noon, at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H. You must become a 4-H adult volunteer or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching and a written test. The cost is \$35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast. Junior and teen leaders are invited but must attend with an adult. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email [mtlassenlover@gmail.com](mailto:mtlassenlover@gmail.com) to discuss options.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://4h.ucanr.edu/files/2123.pdf> and an adult or youth 4-H medical release form and a \$35 check payable to “Santa Cruz County 4-H Council” and mail to UCCE, 1432 Freedom Blvd., Watsonville, CA 95076. **Registration is due Friday, January 17th and space is limited.** For more information call Stephanie at 831-763-8015 (Mondays & Wednesdays only) or email her at [sfontana@ucanr.edu](mailto:sfontana@ucanr.edu) or contact Jeanne at the contact information above.



## 2014 California Camping Conference

March 21 – 23, 2014  
Boulder Creek, CA

The California Camping Conference inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. Sponsored by the University of California 4-H Youth Development Program, the weekend offers staff, volunteers and youth opportunities to develop their capacity as leaders in their local camp programs.

You will...

- Add new, fun, educational activities to your program
- Better understand how to work with campers, teen staff and adult volunteers
- Learn how to market and recruit campers and teen staff
- Network with others who share your passion for camp

Come away with practical tools to increase the safety, fun and growth for campers and staff

Conference workshops include:

- Understanding and dealing with difficult behaviors
- New science, engineering and technology (SET) activities for camp: shelter building, first aid and safety, creating cookouts and overnight adventures
- Working with chaperones and other adult volunteers
- Project Learning Tree and more “green” ideas
- Our campers Thrive activities
- Important steps for camp health and safety compliance
- Archery certification

And more!

Registration fee by February 1st is \$140 per person (\$150 by March 7th) and includes meals, lodging, and all conference materials. The conference begins at 7:00 p.m. Friday, ending just before lunch on Sunday. Suggested participants include camp directors, youth leadership team, camp volunteers and 4-H staff members. Archery Certification is an additional \$35 and the 12-hour course and precludes other workshop sessions.

**For a copy of the brochure or to register online, visit:** <http://4h.ucanr.edu/Programs/Camps/Conference/>

**FOLLOW US ON FACEBOOK & TWITTER!**

[www.facebook.com/CA4HCamping](http://www.facebook.com/CA4HCamping)

[www.twitter.com/CA4HCamping](http://www.twitter.com/CA4HCamping)



