HEALTHY FOOD SYSTEMS | HEALTHY ENVIRONMENTS | HEALTHY COMMUNITIES | HEALTHY CALIFORNIANS

4-H Spirit

University of California
Agriculture and Natural Resources | 4-H Youth Development Program

Mariposa County 4-H Youth Development Newsletter **November 2015**

WELCOME TO ALL RETURNING AND NEW MEMBERS AND LEADERS!

The new 4-H year began October 1st and we want to welcome all new and returning members, leaders, and parents. Remember that all members can add or change projects through December 1. **Clubs are Bootjack 49ers, Catheys Valley, Clover Pioneers (town), Don Pedro Rattlers, Hornitos and Triangle.**

To have a positive and educational 4-H year, the members, leaders, and parents need to take an active role. Parents and Grandparents ask your Community Club Leader if there is a project you could lead, or maybe plan a club fieldtrip or fill-out the enclosed "Volunteer Opportunities" form and return it to the office ASAP. ***Remember, 4-H is a family affair!! We do need another swine leader, so if you know of someone please have them call the office.***

Remember if you haven't re-enrolled, you are not covered by the 4-H insurance for 4-H projects and club meetings attended will not count. Late re-enrollments must now be approved by 4-H Council.

LCORT 2016 NEWS

This year's theme is "**LCORT in Wonderland".** 7th-9th graders can attend as delegates with the 10th-12th graders presenting the workshops.
Dates: Friday, January 29 to Sunday, January 31, 2016
Location: Wonder Valley Ranch Resort and Conference Center in Sanger, Fresno County
Cost: $150/person
REGISTRATION DEADLINE: Wednesday, November 18 at 5:00 p.m. for Mariposa County. *All* registrations must be turned into the office by this date along with medical treatment form and fee. **Make check payable to "Mariposa 4-H Council".**

Most of our clubs have put funds in their budget to assist their members, so if you would like to attend this conference, ask your club for assistance.

Notice!!!

The 4-H Council Rigatoni Dinner Fundraiser is slated for November 14 at the Senior Center from 5-8p. Members and leaders to help cook, serve and clean-up. Contact the office ASAP.

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What is Fashion Revue??

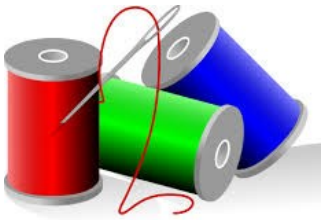
Come check it out on November 11, 2015 at 5:30 PM at the 4-H Office. Fashion Revue encourages members to focus on their personal appearance and sense of style, fashion and consumer buymanship. It will also give the member the ability to express their own personality through fashion. Fashion Revue offers both the clothing project member and non-clothing members to participate. It consists of 5 categories, Consumer Science Purchased $40.00 or less, Traditional, Upcycled (recycled), Western Wear Challenge, and Muslin Challenge. One category is open to ALL 4-H members which is Consumer Science Purchased $40.00 or less. Traditional, Upcycled Western Wear challenge and Muslin challenge is open to clothing project members only. Fashion revue consists of judging and modeling the clothing item(s) that the member has purchased or made. For further information on the Fashion Revue attend the 1st of 3 Fashion Revue Workshops. If you are interested please contact Monica Nielsen at (209)966-7939 or email mnielsen95338@outlook.com there needs to be 5 members interested for the workshop to be put on.

What is Fashion Revue?

Style, Fashion, Buymanship

Do you like to express your personality?

You can do it through fashion.



Come Check Us Out!

November 11, 2015 at 5:30 PM

4-H Office,

5009 Fairgrounds Rd, Mariposa

If Interested contact Countywide Clothing Leader Monica Nielsen
(209)966-7939 or mnielsen95338@outlook.com

STATE 4-H NEWS

Shooting Sports Workshop – Pistol Discipline
December 12 & 13, 2015
If you have an interest in sharing your Pistol skills with youth, how about becoming a 4-H Pistol adult volunteer or teen leader. There will be a 4-H Pistol leader certification training offered in December 2015. The class will be held Saturday, December 12th, 9 AM –4 PM, and Sunday, December 13th , 9 AM- 2 PM, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton 95388, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach Pistol at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, with Saturday and Sunday light breakfast refreshments.
Junior and teen leaders are invited but must attend with an adult or have a certified Pistol adult leader they will be helping back home. Driving directions to the range are at http://www.safetyfirstshooting.org/html/directions.html . Tent or Dry RV camping is an option. To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at http://4h.ucanr.edu/Projects/SET/SET_Projects/ShootingSports/ , and an adult or youth 4-H medical release form and a $35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, November 13th. **Space is limited to 25 attendees.** For more information call Darlene McIntyre at 209-385-7418 or email her at dlmcintyre@ucanr.edu.

Shooting Sports Workshop – Muzzleloading Discipline
December 12 & 13, 2015 – Winton, CA
If you have an interest in sharing your MuzzlelLoading Shooting skills with youth, how about becoming a 4-H Muzzleloading adult volunteer or teen leader. There will be a 4-H Muzzleloading leader certification training offered in December 2015. The class will be held Saturday, December 12th, 9 AM –4 PM, and Sunday, December 13th, 9 AM- 2PM, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton 95388, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach Muzzleloading at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, with Saturday and Sunday light breakfast refreshments.
Junior and teen leaders are invited but must attend with an adult or have a certified Muzzleloading adult leader they will be helping back home.
Driving directions to the range are at http://www.safetyfirstshooting.org/html/directions.html . Tent or Dry RV camping is an option. To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at http://4h.ucanr.edu/Projects/SET/SET_Projects/ShootingSports/, and an adult or youth 4-H medical release form and a $35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, November 13th. **Space is limited to 25 attendees.** For more information call Darlene McIntyre at 209-385-7418 or email her at dlmcintyre@ucanr.edu.

Shooting Sports Workshop – Shotgun Discipline
November 21 & 22, 2015 – Winton, CA
If you have an interest in sharing your shotgun skills with youth, how about becoming a 4-H Shotgun adult volunteer or teen leader. There will be a 4-H Shotgun leader certification training offered in November 2015. The class will be held Saturday, November 21st, 9 AM –4 PM, and Sunday, November 22nd, 9 AM - 2 PM, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton 95388, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach Shotgun at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, with Saturday and Sunday light breakfast refreshments.
Junior and teen leaders are invited but must attend with an adult or have a certified Shotgun adult leader they will be helping back home. Driving directions to the range are at http://www.safetyfirstshooting.org/html/directions.html . Tent or Dry RV camping is an option. To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at http://4h.ucanr.edu/Projects/SET/SET_Projects/ShootingSports/ , and an adult or youth 4-H medical release form and a $35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, November 13th. **Space is limited to 25 attendees.** For more information call Darlene McIntyre at 209-385-7418 or email her at dlmcintyre@ucanr.edu.

State 4-H News continued

4-H Shooting Sports Workshop – Archery Discipline
November 14 & 15, 2015 – Winton, CA
If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training offered in November 2015. The class will be held Saturday, November 14th, 9 AM –4 PM, and Sunday, November 15th, 9 AM- 2 PM, at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton 95388, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, with Saturday and Sunday light breakfast refreshments.

Junior and teen leaders are invited but must attend with an adult or have a certified archery adult leader they will be helping back home.
Driving directions to the range are at http://www.safetyfirstshooting.org/html/directions.html . Tent or Dry RV camping is an option.
To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at http://4h.ucanr.edu/Projects/SET/SET_Projects/ShootingSports/ , and an adult or youth 4-H medical release form and a $35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, November 6th. **Space is limited to 25 attendees.** For more information call Darlene McIntyre at 209-385-7418 or email her at dlmcintyre@ucanr.edu.

Save the Date! California Camping Conference
April 1 - 3, 2016
The next California Camping Conference will be held **April 1 - 3, 2016**, at the Nevada State 4-H Camp in Stateline, Nevada. The Camping Conference provides 4-H teen leaders and adult camp administrators the opportunity to network and attend sessions to develop their local camp program. Please inform your key leaders and teen leaders. More information will follow.

4-H Healthy Living A recent needs assessment of 4-H Healthy Living Programs revealed the need to incorporate healthy living throughout all 4-H programs. To assist in this goal, the following recommendations were outlined:

1. Offer healthy snack
2. Provide fruit as an alternative to sugary foods
3. Offer water in place of soda
4. Limit salty foods
5. Encourage physical activity breaks throughout program meetings and activities
6. Utilize peer leaders to mitigate bulling
7. Provide resources to families that address behavioral and emotional struggles
8. Select fundraising activities that are consistent with the healthy living program goals
9. Elect a Healthy Living Club Officer!
Full article: http://www.joe.org/joe/2014august/comm2.php

RECORD BOOK JUDGING RESULTS
2014/15 COUNTY WINNERS & MEDALISTS

CATEGORY	(Gold)	(Silver)	(Silver)	(Silver)
Beef	Jaq Quinn	Khily Brower		
Swine	Jack Bertram			
Sheep		Emily Tilton		
Poultry	Claire Gorham	Maria Loya	Danny Brown	Gracie Tafoya
Goats	Taylar Davis	Kendra Palmer		
Citizenship	Jac Quinn			
Photography-	Haylie Davis			
Arts/Crafts-	Khily Brower			
Quilting-	Taylar Davis			
Self-Defense-	Claire Gorham	Maria Loya		
Shooting Sports-	Jack Bertram	Cameron Maietto		

Outstanding Record Books-
Junior- Khily Brower
Intermediate– tie-Jaq Quinn & Jack Bertram
Senior- Claire Gorham

Achievement Award- Intermediate– Jack Bertram

Most Dedicated Volunteer Leader- Beth Broomfield and Niajra Marchand

Outstanding New Leaders- Jim Harden and Monica Nielsen

Scrapbook Award- Hornitos Club- Historian– Khily Brower

National 4-H Week Window Display- Bootjack 4-H Club

Table Display- Hornitos 4-H Club

Congratulations to All!!!

ENJOY YOUR 4-H YEAR!

BE ACTIVE IN YOUR CLUB, PROJECTS, COUNTY-WIDE 4-H ACTIVITIES, AND REGIONAL & STATE ACTIVITIES.

SET GOALS FOR THE NEW YEAR SO YOU CAN EARN YOUR NEW STAR RANK; BRONZE, SILVER, GOLD OR PLATINUM!!

4-H Record Books

The 4-H program has a long history of record keeping. The focus reflects the importance of this life skill in our daily lives. In 4-H, young people have, skill development and learning experiences, and much more using the iconic 4-H Record Book. In addition to record keeping, the 4-H Record Book gives members an opportunity to reflect on their year, measure their achievements and growth, and set goals, and develop plans to meet those goals.

Why have 4-H record books? 4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program.

- 4-H Record Books give members an opportunity to reflect on their yearly work. They document their skill development and their learning experiences in a written report. 4-H members measure their achievements and growth in their total years in 4-H.
- 4-H Record Books encourage members to set goals, pursue strategies to meet those goals, and to shift gears in the face of challenges and obstacles. Completion of the Personal Development Report awards 4-H members for participation in 4-H activities, which provides an incentive for participation, learning, and achievement.
- Completing a 4-H Record Book is a process where 4-H members record project and club work. Records management is a competency skill to identify, create, classify, archive, and preserve records. The 4-H Record Book teaches 4-H members these skills through a standard format.

What is happening in your club or project? Have you had a special event or been involved in a community service project? Let others know what you are doing by writing an article for the 4-H Spirit. **Articles and photos are due into the office by the 15th of each month by your club reporter.** Let all clubs & projects share their 4-H happenings!!! Remember you get credit on your PDR for news articles. **Club reporters need to do at least 5 or 6 articles to receive their reporter pin.**

Who Pays for Project Materials & Supplies?

The project leader should figure the overall cost of the project (publication fees, duplicating costs, project material cost, etc.). The members should be charged accordingly to cover these costs or have the member purchase their own curriculum through the 4-H catalog. If leaders collect money from members, they must give a receipt to the member for that amount. **Remember, that non-4-H curriculum must be approved by the 4-H staff before sharing it with the 4-H youth.**

A project leader cannot charge for their services, lessons, or rental as 4-H is a volunteer organization. Any situation where an adult charges a fee for the above is not a 4-H project and the adult is not covered by the UC Liability Insurance. Also, the 4-H youth are not covered by the 4-H Accident Insurance in this situation.

About UCCE Insurance

What the University of California Cooperative Extension Insurance does cover:

Automobile Liability-

The insurance program provides secondary auto liability coverage while driving to and from an official UCCE business activity.

Coverage is secondary to the insurance which covers the vehicle driven by the volunteer involved in an accident, and only if the volunteer's action is determined to be negligent in causing the accident. Recommended coverage is $50k and $100k.

General Liability-

UCCE insurance program provides limited liability coverage for volunteers in cases where it has been determined, through investigation, that they acted negligently. Coverage is for supervision of people and general supervision of a UCCE-sponsored programmatic activity. There are some exceptions and limitations which are determined on a case-by-case basis through investigation.

What UCCE insurance does NOT cover-

The insurance program does not provide coverage for any personal or real property not within its care, custody and control. Examples could be ownership of and use of an animal in a project, using one's home, ranch, garden or arena for a program. Livestock, horse, and dog project leaders need especially to be aware of this.

Volunteers should check with their insurance carrier and review their liability coverage before assuming the risks involved in using their personal property for UCCE programs. Adequate coverage is usually determined through a careful appraisal of personal assets. Coverage should be adequate to at least cover potential lawsuit related to the ownership, care and maintenance of their property.

PDR Corner

Remember to complete the program year, each member needs to complete a PDR and project forms including the primary members. The PDR Corner is to help you place your 4-H activities in the correct section. At the beginning of the program year, set your goals for the year, plan on writing news articles, doing community service, and attend 4-H activities.

Activities and PDR sections-

Fair Parade-

Decorated float	Section 6

Achievement Night–

Attended	Section 3
Committee-	Section 4
County Winner-	Section 7
100% attendance	Section 7
Star Ranks	Section 7
Decorated or clean-up	Section 4
Club table display winner	Section 7
Presentation of Flags	Section 6
Sang National Anthem	Section 6
Achievement Award winner	Section 7
MC	Section 6

Citizenship/Community Service-(ex.: food baskets, Manna House-counts once for same activity)

Attended a Board of Supervisor's meeting Section 5

Rigatoni Dinner-

Attended	Section 3
Cooked, served or clean-up	Section 4
Committee	Section 4

Chaired a Service activity Section 4

4-H Club, Council & Project News

Sweetheart Valentine Pancake Breakfast

Mariposa County 4-H Club Council will have its annual Sweetheart Valentine Pancake Breakfast on Sunday, February 7, 2016. Tickets will be available at the January club meetings for members and leaders to sell to family and friends. Menu will be pancakes, eggs, sausage, & drinks. We will need member and adult helpers so please mark your calendars for this council fundraiser.

Here are some upcoming activities and dates– Mark your calendar!

Judging Day & other activities- January 9 McCay Hall Chair– Catheys Valley club

LCORT- Jan. 29-31- Wonder Valley Ranch- for 7th-9th graders

Pancake Breakfast Fundraiser- Feb. 7 Chair– Hornitos Club & Staff

Presentation/Favorite Foods Day – March 12 Chair– 4-H Staff

Kid's Night- March 18 (for K-6th graders) Chair- Triangle Club

Regional Presentation Day– April 9 Stanislaus County

For Future All-Star & Emerald Star Applicants

For interested 4-H members 9th grade & up with their gold star, and three years of 4-H experience and working towards their platinum star. All-Star applications are now available at the office or at club meetings. Applications are due into the UCCE Office by November 15, 2015.

Emerald Star applications will also be available to 7th grade & up members who have their Bronze star and have been a Junior/Teen Leader. Start thinking about your great Emerald Star project. Talk with your leaders, parents, or contact 4-H Staff at the UCCE office to get some project ideas. These are also due November 15, 2015.

Both applications are on-line http://cemariposa.ucdavis.edu or at the office.

National 4-H Week at Board of Supervisors Meeting!

During National 4-H Week members and leaders received a 'Proclamation for National 4-H Week' from the Board of Supervisors.

Attending were 4-H members and leaders from the Clover Pioneers and Hornitos clubs along with Donna Wice, 4-H Coordinator.

4-H Camp Advisory Committee Webinar

The Camp Advisory Committee invites staff and volunteers to participate in its next educational webinar, "Content for Camp Youth Staff Training". The webinar will be held Tuesday, December 8th from 6:30 - 7:30 p.m. and will be hosted by 4-H Youth Development Advisors, Emily Shoenfelder and Keith Nathaniel.
To join the webinar through adobe connect visit this link:
http://uc-d.adobeconnect.com/camping/
To access the conference call line:
Dial: 1-866-740-1260
Enter the pass code: 5307548

Attention Community Club Leaders!

If you plan on changing your club meeting date & time for December please let all your members & leaders and the office know at your November club meeting.

4-H Camp Tweety Has New Location

Camp Tweety will be held June 24-27, 2016 at Camp Oakhurst Christian Conference Center in Oakhurst. This camp is for 4-8th graders. Cost TBA. Activities will include archery, shooting sports, low ropes, climbing wall, and more.

Mark your calendars!

Mariposa County 4-H Development Program
Volunteer Opportunities

4-H is not just for the member, but is a family affair! Please indicate your interest with a check mark in the appropriate column in assisting the Mariposa County 4-H Youth Development Program. For information on a particular program, contact the UCCE office for more details at 966-4829.
Please return ASAP to your community club leader or the office.

In-County	**Serve on Committee**	**Helper or Chaperone**
Community Service	_____	_____
Finance/Fund Raising	_____	_____
Dinner (fundraiser)	_____	_____
Program Planning Committee	_____	_____
Expansion/Review Committee	_____	_____
Weekend in the Country	_____	_____
Fashion Revue	_____	_____
Judging Day	_____	_____
Career Days	_____	_____
4-H Dances	_____	_____
Camp Tweety	_____	_____
Achievement Night	_____	_____
Presentation/Favorite Foods Day	_____	_____
Public Relation/Recruitment	_____	_____
County Fun Days	_____	_____
Council officer	_____	_____
Out of County		
Summer Camps	_____	_____
Regional Leadership Conference	_____	_____
State Leadership Conference	_____	_____
Judging Activities	_____	_____
Regional Presentation Day	_____	_____
Regional Council Meetings	_____	_____
Regional Fashion Revue	_____	_____
LCORT	_____	_____
Chaperone	_____	_____

Name_____ Club_____

Address_____

Phone_____ Email _____

Mariposa County 4-H Youth Development Program
Donna Wice, 4-H Coordinator
5009 Fairgrounds Rd., Mariposa, CA 95338
(209) 966-4829 FAX (209) 966-5321
email- dswice@ucdavis.edu

Thanks for your help!!

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November

1	Bootjack 49ers Club meeting-4p
8	Hornitos 4-H Club meeting– 4p
9	Don Pedro 4-H Club meeting– 6:30p
	Catheys Valley 4-H Club meeting– 6p
11	Office closed for Veteran's Day
12	Triangle 4-H club meeting– 6p
14	Rigatoni Dinner– 5-8p Senior Center
16	4-H Council meeting– 6p
18	LCORT registrations/fee due
19	Clover Pioneers (town) 4-H Club meeting-6p
26/27	Office closed for Thanksgiving Holiday

December

Dec. 25	Office closed for Christmas
Jan. 1	Office closed for New Years

NO COUNCIL MEETING IN DECEMBER

The 4-H Spirit is published monthly for the Mariposa County 4-H Youth Development Program. University of California Cooperative Extension, U.S. Department of Agriculture and Mariposa County cooperating.

Articles or photographs for the 4-H Spirit are due into the UCCE Office by the 15th of each month.

OFFICE LOCATION
5009 Fairgrounds Rd
Mariposa, CA 95338

PHONE NUMBERS
4-H- (209) 966-4829
E-mail-
dswice@ucanr.edu

Donna Wice
4-H Coordinator

Office Hours
Monday– Friday
8-1p & 2-5p

UCCE office
(209) 966-2417
FAX (209) 966-5321

Web sites:
http://cemariposa.ucdavis.edu
http://www.ca4h.org

For statewide updates go to http://www.ca4h.org/4hresource/updates/

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Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.